

rock-it menu



breakfast	9-12	lunch	From 12
rock 'n' bagel gf option available		steamed bao buns	20
house-made bagel + spinach + poached eggs + moroccan hollandaise		sticky pork belly + apple slaw + chilli peanuts + whipped feta	
choice of:		vege option- tempura cauliflower	
bacon	24	mushroom & walnut arancini balls	21
roasted portobello mushroom	23	vege option	
smoked salmon	25	rocket + parmesan + basil pesto crème	
countertop granola gf/ vegan	17	fried chicken burger	26
house-made toasted granola + seasonal fruit + raglan coconut yoghurt + toasted almonds		avocado + red onion + rocket + sriracha lime mayo + brioche bun + fries	
vegan bagel	23	panko crumbed fish tacos	21
housemade bagel + spinach + smoked vine tomatoes + avocado puree + roasted portobello mushrooms + toasted walnuts		jalapeno cream + rocket + kiwifruit roast capiscum salsa + grilled lemon	
rock-it biggie gf option available	25	braised beef cheek sammie	24
bacon + raglan snarlers + eggs to your liking + smoked tomatoes + creamy mushrooms + cheesy potato croquettes + toasted ciabatta + rock-it chutney		turkish slab + aged cheddar + gherkin + caramelised onion + rocket + mustard mayo	
dreamy duo mushrooms gf option available	21	chicken & bacon pate gf option available	15
dream view creamy mushrooms + roasted portobello mushroom + baked yorkshire pudd + parmesan + toasted walnuts		with plum and balsamic chutney and toasted ciabatta	
ohlala frenchie	20	warm winter halloumi salad gf/vege/vegan option	24
rock-it french toast + berry compote + vanilla mascarpone + maple syrup + crushed meringue		roasted kumara + rocket + grilled halloumi + carrot and beetroot slaw + pesto vinegerette + beetroot hummus	
		vegan option - roasted portobello mushrooms	
		sides	
		fries & aioli	9.5
		curly fries & aioli	9.5
		apple & coriander slaw	6

we are happy to try and help with dietary needs- please ask!

rock - it menu



drinks

non-alcoholic

iced chocolate/ coffee 7
 forage & bloom herbal tea 5
 chai/ hot chocolate 5
 coffee 4/4.5/5

oat/ soy/ coconut/ almond/
 mocha/ takeaway cup 0.5

karma organic soda
 karma cola 6
 gingerella
 lemmy lemonade
 razza raspberry lemonade
 lemmy lemon lime & bitters

all good sodas
 red grapefruit 6
 blackcurrant
 blood orange

karma organic juices
 apple 6
 apple, blackcurrant &
 raspberry
 orange
 carrot, orange & turmeric
 guava, apple & passionfruit

karma kombuchas
 raspberry & lemon 8
 cherry & berry 8

other
 ginger & lemon switchel 6
 charlies kids juice pouch 3

alcoholic



on tap
 workshop beers on tap- ask staff for 10/11
 available flavours

bubbles
 laurent perrier nv champagne france 12 110
 dunes & green brut nv 200ml 48
 le contesse prosecco Italy

whites
 lake hayes sauvignon blanc central 10 48
 otago
 huia organic sauvignon blanc
 marlborough 12 58
 mahi chardonnay marlborough (vegan) 12 58
 man o' war pinot gris waiheke islands 11 53

reds
 opawa pinot noir marlborough 58
 nanny goat pinot noir central otago 14 68
 theory & practice Merlot hawkes bay 11 53
 finca fabian tempranillo (vegan &
 organic) 9 43
 fat bastard shiraz 10 48
 two hands gnarly dudes barossa shiraz 70

other
 black barn rose hawke's bay 11 50
 ramos pinto late bottle vintage 2014 10 80

spirits
 hallertau apple cider 11
 bottled beer 9

glass/bottle

rock-it menu



dinner

entree

chicken & bacon pate 15
gf option available

beetroot relish + toasted turkish

mushroom & walnut arancini 12
vege

with pesto mayo

cheesy focaccia bread 10

tempura battered cauliflower 10
vegan

with beetroot hummus

steamed green lip mussels 14

with nam jim sauce + half dozen

sides

fries & aioli 8

curly fries & aioli 8

apple & coriander slaw 6

garlic & herb roasted perla potatoes 7

zesty couscous salad 6

mains

silver fern scotch fillet 43
gf

with perla potatoes + caramelised onion +
horseradish crème + bacon wrapped beans

roasted pork belly 36
gf

with feta potato mash + bacon wrapped beans
fennel butterscotch sauce

warm winter halloumi salad 28
gf/vege/vegan option

roasted kumara+ rocket+ grilled halloumi+
carrot and beetroot slaw+ pesto
vinegerette+ beetroot hummus

vegan option - roasted portobello
mushrooms

horopito wairarapa wild venison 37
gf

kumara gratin + steamed broccolini +
blackberry & port jus

rock-it fried chicken burger 26
vege option

with smashed avocado + rocket + red onion +
siracha and lime mayo + fries

vege option- grilled halloumi

almond crusted salmon fillet 37

served on a zesty herbed couscous +
bearnaise sauce

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iced chocolate/ coffee	7
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chai/ hot chocolate	5
coffee	4/4.5/5
oat/ soy/ coconut/ almond/ mocha/ takeaway cup	0.5

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karma cola	
gingerella	
lemmy lemonade	
razza raspberry lemonade	
lemmy lemon lime & bitters	

all good sodas	
red grapefruit	6
blackcurrant	
blood orange	

karma organic juices	
apple	
apple, blackcurrant & raspberry	6
orange	
carrot, orange & turmeric	
guava, apple & passionfruit	

karma kombuchas	
raspberry & lemon	8
cherry & berry	8

other	
ginger & lemon switchel	6
charlies kids juice pouch	3

alcoholic



on tap		
workshop beers on tap- ask staff for available flavours	10/11	

bubbles		
laurent perrier nv champagne france	12	110
dunes & green brut nv 200ml		48
le contesse prosecco Italy		

whites		
lake hayes sauvignon blanc central otago	10	48
huia organic sauvignon blanc marlborough	12	58
mahi chardonnay marlborough (vegan)	12	58
man o' war pinot gris waiheke islands	11	53

reds		
opawa pinot noir marlborough		58
nanny goat pinot noir central otago	14	68
theory & practice Merlot hawkes bay	11	53
finca fabian tempranillo (vegan & organic)	9	43
fat bastard shiraz	10	48
two hands gnarly dudes barossa shiraz		70

other		
black barn rose hawke's bay	11	50
ramos pinto late bottle vintage 2014	10	80

spirits		
hallertau apple cider	11	
bottled beer		9

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desserts

sticky date pudding

14

gf

butterscotch sauce + duck island vanilla bean ice cream

passionfruit & white chocolate cheesecake

14

with toasted coconut shavings + krispy bikkie base

raglan dark chocolate torte

14

with berry compote + vanilla mascarpone + crushed meringue



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kids

brekkie 9-12

- hotcakes + maple syrup + cream 12
- bacon & egg on toast 12

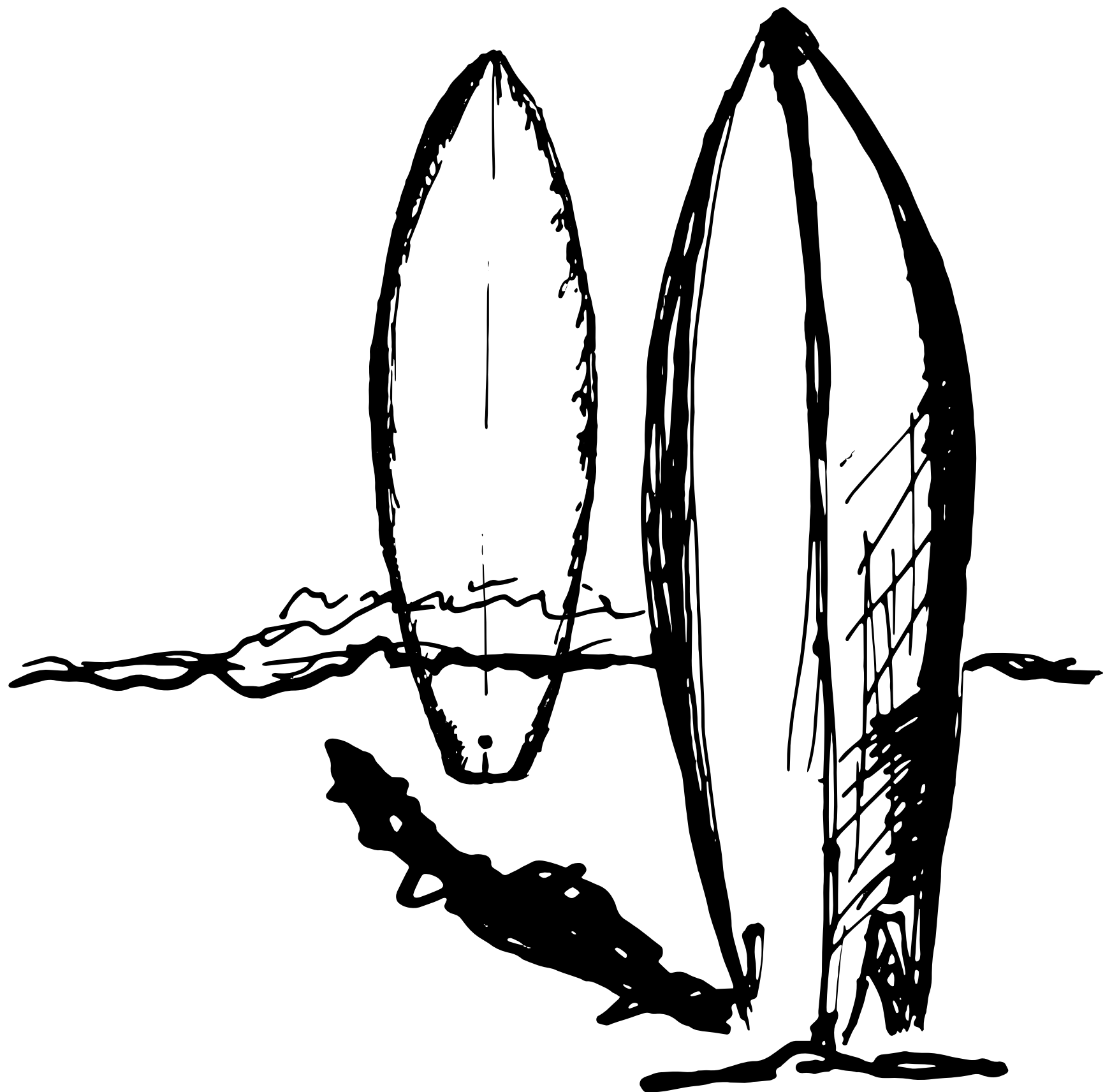
lunch 12

- panko crumbed fish & chips 12
- ham + cheese + pineapple pizza slab 12
- chicken + cheese + slaw slider & fries 12
- crumbed chicken tenders & fries 12
- ice cream sundae with chocolate sauce 5

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surf wordsearch

Y	L	L	G	L	A	S	S	Y	W	G
M	P	E	R	C	W	P	E	A	N	O
T	O	P	N	A	C	N	X	I	L	C
G	U	N	O	N	E	F	D	K	U	W
S	K	B	A	H	A	P	I	T	H	I
L	Z	N	E	S	C	H	B	N	Y	P
L	P	U	M	S	B	A	C	W	S	E
A	D	I	E	O	C	T	C	K	H	O
W	R	V	A	K	A	I	X	U	W	U
T	A	R	A	L	F	R	I	P	R	T
W	O	P	F	H	G	U	O	R	T	L



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|---------|--------|---------|
| BOARD | FINS | TROUGH |
| CHANNEL | FLAT | TUBE |
| CHOPPY | GLASSY | WALL |
| CURL | PEARL | WAVES |
| CUTBACK | SAND | WAX |
| DING | TRIM | WIPEOUT |

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